

## Whipped Cream Musical Plates

**Object:** Students will play a game similar to musical chairs except it will be done with paper plates and whipped cream.

**Supplies:** Paper Plates, Whipped Cream, Music, an awesome prize for the winner like a \$10 gift card to Amazon, Starbucks, etc.

### Preparation:

This game is best played outside or inside with a large tarp.

Explain to students that they will be playing the game musical chairs except instead of chairs they will be sitting on plates of whipped cream. Because some students will have no desire to sit on whipped cream, tell them about the awesome prize they will get if they win.

Last person on a plate wins the game!

### Break It Down

**Scripture:** James 1:19 (NIV)

**Main Point:** Have you ever had something happen that made you really angry? Before we get angry, God wants us to be quick to listen, slow to speak and slow to become angry. In the Bible, God shows us several people who quickly became angry. If they had been slow to speak and slow to become angry, they wouldn't have experienced the trouble that they went through. If someone makes us mad and we speak out of anger, we sometimes say and do things that we don't really mean. We let our anger control us, and we hurt those around us.

When was the last time that you just sat and listened to someone? This week make it your goal to spend more time listening and less time talking to others. Be good listeners. After all, God gave us two ears and one mouth.