

Bounce or Get Bounced

Object: The object of this game is for two students to go head to head and see who gets bounced out of the circle first!

Supplies: 30-45 foot rope, 2 blown up Inner tubes, stopwatch, *Optional – You can use water guns and spray the students as they are bouncing their opponents!

Preparation:

Spread the rope out to form a giant circle

Have two volunteers enter the circle with the inner tubes around their waists. On go, each player will attempt to bump the other player outside of the circle. Once a player steps out, the game is over. Depending on size of the room (or if you are playing outdoors), you could have more than one game going at a time. Play several rounds to allow all students to participate.

To make the game a little more intense, you can time the students by giving them only 1-2 minutes to win.

Break It Down

Scripture: Psalm 73:26 (NIV)

Main Point: Even though we may feel that we've failed at something, God is our strength. God is our prize. No one is perfect, and everyone messes up. But God always looks at us with love and grace. Sometimes we are hard on ourselves because we get disappointed by the losses that happen in our lives. We all need to realize that each and every one of us will have losses in life, but we also will have victories. That's what God wants us to focus on! God wants us to continue to keep our eyes focused on Him even if we feel like we have failed Him. Satan wants us to keep our eyes focused on our failures. No matter what happens in our lives, we need to remember that God is always our strength. All we have to do is call on Him, and He embraces us and never lets us go!

Have you ever been hard on yourself because of something you did wrong? Have you ever been hard on someone else because of something they did wrong? How do you think God feels when we are hard on someone else for their failures?